

RULES AND RECOMMENDATIONS

By prior appointment only

A swimming costume or bikini and a bathing cap must be worn for the thermal circuit. The spa will provide you with a towel per person and a thermal circuit. Children under 12 are not allowed.

Children between 12 and 18 must be accompanied by a responsible adult.

The definitive application of the treatments will be established by the team of therapists, who may make any changes they consider opportune in the interests of the customer's health.

There is no age limit for the treatments
Limited access for pregnant women

WE OFFER YOU

Voucher 5 thermal circuit sessions **48 €**

Voucher 10 thermal circuit sessions **80 €**

Voucher 5 massage sessions 25' **110 €**



HOTEL & SPA LES OLIVERES BEACH RESORT

C/ Garbí s/n, 43519
El Perelló (Tarragona)
977 519 000

HOTEL & SPA CABOGATA

Avda. Juegos de Angel s/n
Urb. El Toyo – Retamar (Almería)
950 209 493

HOTEL & SPA ISLANTILLA

Avda. del Río Frío, s/n
Islantilla (Huelva)
959 486 500

www.ohtels.es



Relaxing Massages

Relaxing Massage with Aromatherapy (45')	55 €
Heaven and Earth Head and Foot Massage (45')	55 €
Anti-Stress (25')	29 €
Mini-Relax (25')	25 €
Volcanic Stone (55')	65 €
Kerala Abhyangam (55')	65 €

Therapeutic Massages

Decontracting:	
(20')	30 €
(30')	40 €
(45')	60 €
(60')	75 €
Healthy Back (55')	65 €
Circulatory (40')	48 €
Lymphatic Drainage (50')	60 €

Body Treatments

Thalassa (30')	30 €
Anti-Cellulite and Firming (45')	60 €
Lavender Honey (45')	55 €
Dream Golden Skin (55')	70 €
Olympia (50')	55 €
Balinese (85')	80 €

Ayurvedic Rituals

Vata Ritual (75')	75 €
Pitta Ritual (75')	75 €
Kapha Ritual (75')	75 €
Udvardana Depurative and Firming (65')	70 €

Facials

Facial Hygiene / Specific Treatment (60')	45 €
Lifting Fusion (85')	75 €
Mocha Abhyanga (55')	65 €
Bombay Ritual (105')	95 €

Hand and Foot Beauty

Manicure	18 €
Pedicure	25 €
Embellishment supplement	5 €
Paraffin supplement	7 €
Nail enamel	15 €

Hair Removal

Whole legs	20 €
Half legs	15 €
Back	20 €
Arms	16 €
Groin or Armpits	10 €
Brazilian	16 €
Upper Lip or Eyebrows	4 €

Hydrotherapy

Ohtels Circuit	15 €
Aegean Circuit (Cabo Gata)	25 €
Hydromassage bath with essences (20')	25 €
Vichy Shower (45')	55 €
VIP Room (Islantilla)	55 €

