

# **CYCLING SPORTIVE COSTA BRAVA 2016 MEDBIKES**

## **Sport packages:**

### **Basic:**

- Guided daily tours ( 3 per week ) 60k/70k
- Routes around the hotel area,
- Breafing wellcome
- Road map (Cycling routes) / GPS tracks.
- Mechanical assistance, breaks and gears adjustments, small changes, etc
- Bottle water + 3 energy bars.
- 10% off in a bike rental and priority booking.

**Price: 90€**

### **Sport Discovery:**

- Guided daily tours ( 4 per week ). 70k/80k/110k
- We discover the backcountry, Montseny, Girona, Emporda.
- Breafing wellcome.
- Road map (Cycling routes) / GPS tracks.
- Support car at the tours and transfer if necessary.
- Mechanical assistance all week, breaks / gears
- Energy bars and gels during the route. Water bottle.
- little lunch (sandwich) on route.
- 15% off in a bike rental and priority booking.

**Price: 140€**

**For all abilities we adapt to your level making shorter or longer , we show you the best roads to cycling and why this area become an amazing cyclist zone, unexplored.**

**And always with the Medbikes honesty.**

**Ask for available dates, from February to June and September / October.**

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