

GYM

HORARIO ACTIVIDADES TIMETABLE ACTIVITIES

GYM

LUNES MONDAY	MIÉRCOLES WEDNESDAY	VIERNES FRIDAY
8:30 YOGA PILATES GYM	8:30 YOGA PILATES GYM	8:30 STRETCHING GYM
11:00 AQUAGYM POOL	11:00 AQUAGYM POOL	11:00 CIRCUIT TRAINING GYM

ARRCIFE GRAN HOTEL & SPA *****

Planta -1
-1 FLOOR

Abierto de 7:00 a 22:00h
OPEN FROM 7:00 A.M. TO 10:00 P.M.